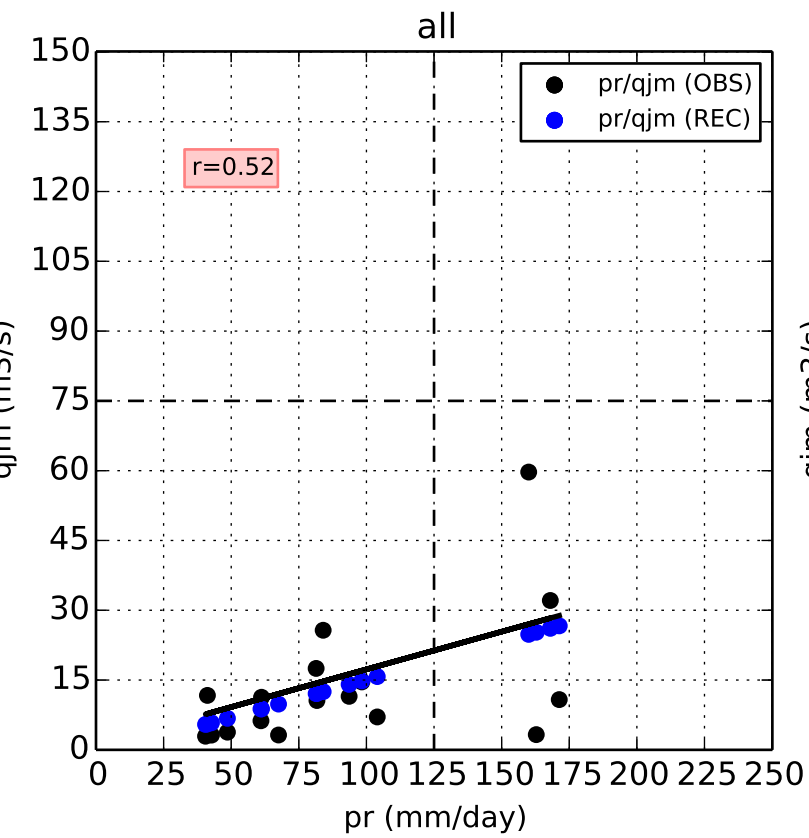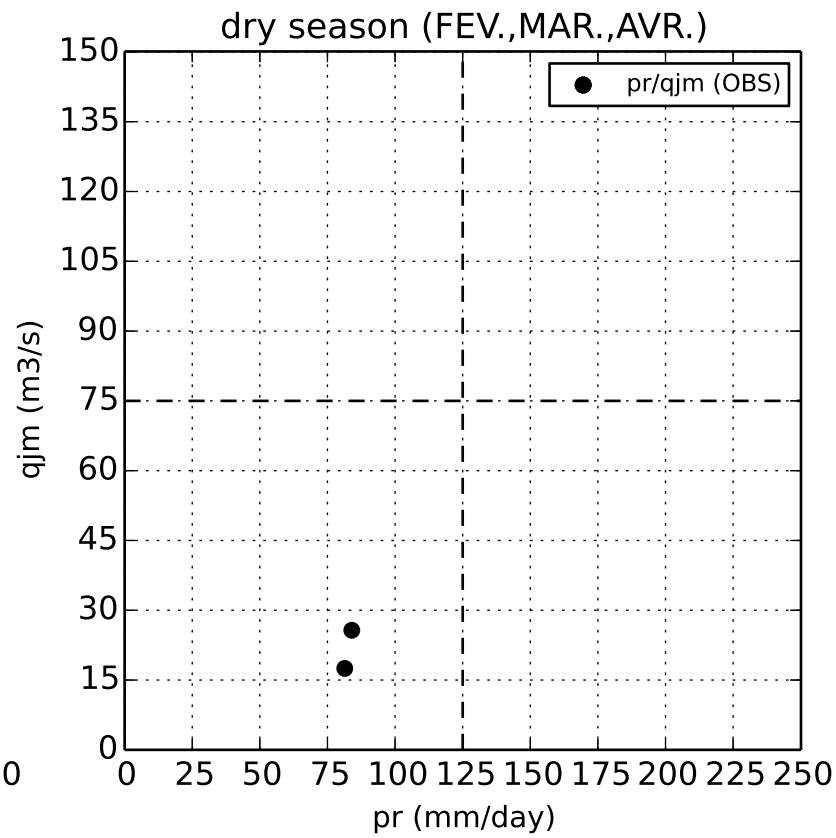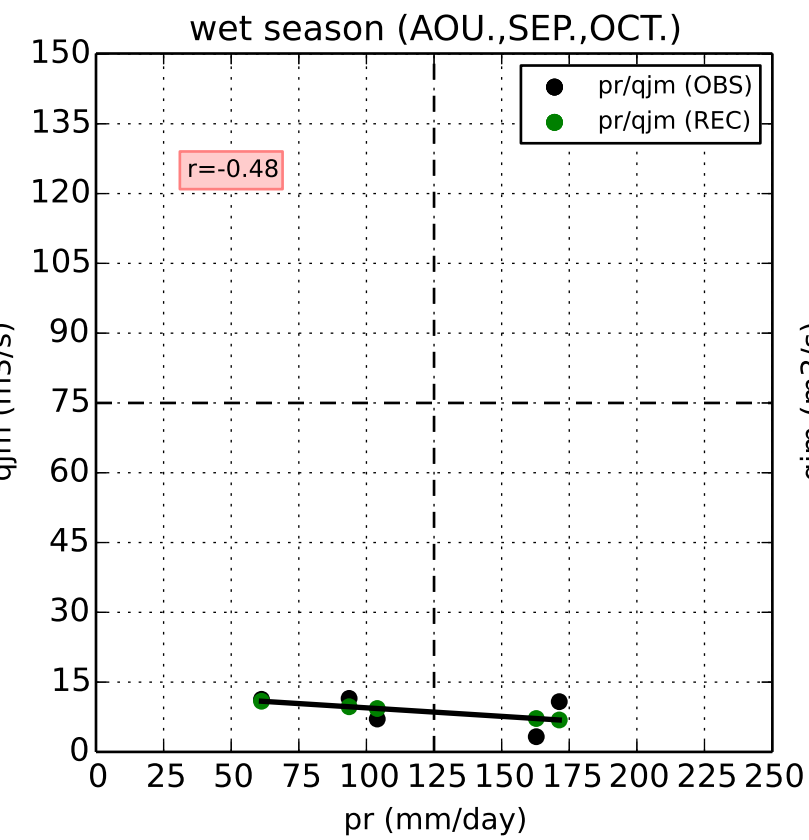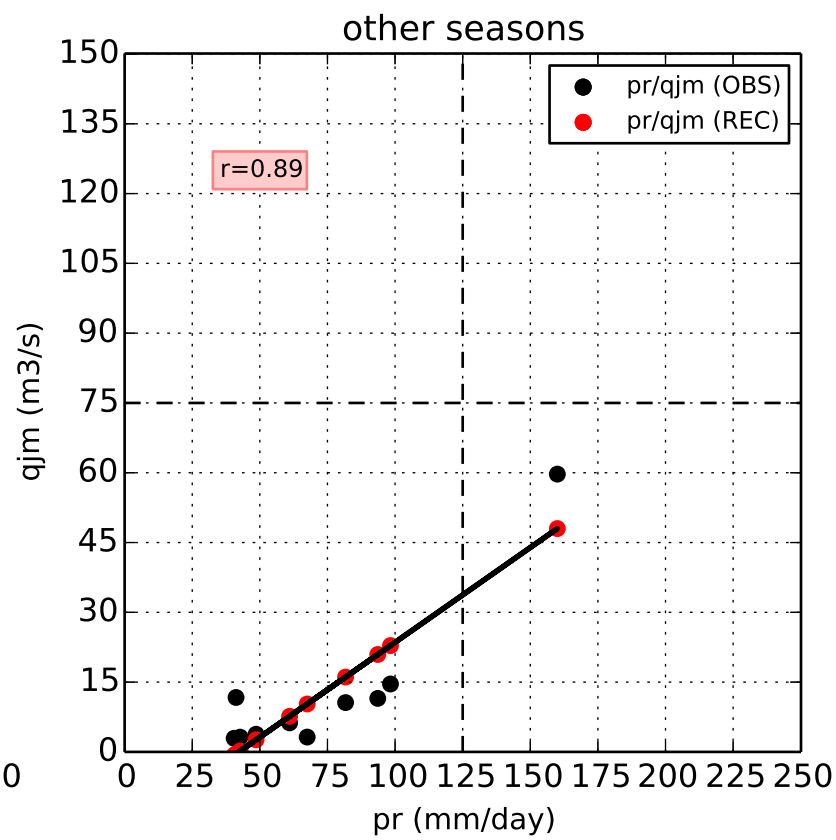LAMQ(pr) / LAML(qjm)